

2010 Ponce Grand Prix Start List

100m (3 heats)	Country	Best Mark	HONORS	
Derrick Atkins	Bahamas	9.97		Confirmed
Churandy Martina	Netherlands Antilles	9.93		Confirmed
Shawn Crawford	USA	9.88		Confirmed
Trell Kimmons	USA	10.16		Confirmed
Brian Mariano	Netherlands Antilles	10.25		Confirmed
Yavid Zackey	Puerto Rico	10.45		Confirmed
Juan Sainfleur	Dominican Republic	10.22		Confirmed
Daniel Grueso	Colombia	10.25		Confirmed
Luis Lopez	Puerto Rico	10.51		Confirmed
Miguel Lopez	Puerto Rico	10.53		Confirmed
Alvaro Gomez	Colombia	10.27		Confirmed
Jean C. Peguero	Dominican Republic	10.37		Confirmed
Carlos Rafael Jorge	Dominican Republic	10.26		Confirmed
Hector Cotto	Puerto Rico	10.37		Confirmed
Aaron Amstronng	Trinidad & Tobago	10.1		Confirmed
Dwayne Delaney	St.Kitts & Nevis	10.35		Confirmed
Richard Richardson	Antigua	10.45		Confirmed
Vladimir Valencia	Colombia	10.7		Confirmed
Christian Reeves	Puerto Rico	10.65		Confirmed
Raghmil Van Lamoen	Netherlands Antilles	10.5		Confirmed
Abraham Castro	Puerto Rico	10.66		Confirmed
Jeffrey Velez	Puerto Rico	10.6		Confirmed
200m (2 heats)				
Xavier Carter	USA	19.68		Confirmed
Trell Kimmons	USA	20.37		Confirmed
Daniel Grueso	Colombia	20.49		Confirmed
Aaron Amstronng	Trinidad & Tobago	20.6		Confirmed
Yavid Zackey	Puerto Rico	21.12		Confirmed
Jeffrey Velez	Puerto Rico	21.1		Confirmed
Luis Gonzalez	Puerto Rico			Confirmed
Miguel Lopez	Puerto Rico	20.9		Confirmed
Ramon O. Frias	Dominican Republic	20.91		Confirmed
Marcos Amalbert	Puerto Rico	20.96		Confirmed
400m (2 heats)				
Jeremy Wariner	USA	44.6		Confirmed
Gary Kikaya	Congo	45.21		Confirmed
Andrea Williams	Bahamas	44.87		Confirmed
Michael Mathieu	Bahamas	45.17		Confirmed
Jamal Torrence	USA	45.19		Confirmed
David Neville	USA	44.6		Confirmed
Victor Benitez	Puerto Rico	47.5		Confirmed

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Jose Cruz	Puerto Rico	48		Confirmed
Hector Carrasquillo	Puerto Rico	45.87		Confirmed
Geimer Mosquera	Colombia	45.89		Confirmed
Fabian Martinez	Puerto Rico	47.3		Confirmed
Juan Vega	Puerto Rico	46.8		Confirmed
Alvin Harrison	Dominican Republic	45.78		Confirmed
Terrence Agard	Netherlands Antilles	47		Confirmed
1,500m				
Nick Symmons	USA	3.38.0		Confirmed
John Jefferson	USA	3.39.44		Confirmed
Peter Van der Westhuizen	RSA	3.35.0		Confirmed
Luis D. Soto	Puerto Rico	3.45.0		Confirmed
Adrian Rodriguez	Puerto Rico	3.42.0		Confirmed
Jean Otero	Puerto Rico	3.54.78		Confirmed
Jose Vargas	Puerto Rico			Confirmed
Pedro Rodriguez	Colombia	03:52.0		Confirmed
110H				
David Oliver	USA	12.98		Confirmed
Dwight Thomas	Jamaica	13.13		Confirmed
David Payne	USA	13.02		Confirmed
Dexter Faulk	USA	13.34		Confirmed
Favio Vaz	Brazil	14.18		Confirmed
Andres Amador	Puerto Rico	13.99		Confirmed
Hector Cotto	Puerto Rico	13.61		Confirmed
Adalberto Amador	Puerto Rico	14.08		Confirmed
400H				
Felix Sanchez	Dominican Republic	47.25		Confirmed
Danny McFarlane	Jamaica	48.01		Confirmed
Javier Culson	Puerto Rico	48.09		Confirmed
Jehue Gordon	Trinidad & Tobago	48.26		Confirmed
Michael Tinsley	USA	48.53		Confirmed
Jonathan Williams	Belize	48.87		Confirmed
Juan Maturana	Colombia	50.9		Confirmed
Almicar Torres	Colombia	52	Alternate	Confirmed
Winder Cuevas	Dominican Republic	49.77		Confirmed
Christopher Muñiz	Puerto Rico	51.3	Alternate	
Long Jump				
Trevell Quinley	USA	8.36		Confirmed
George Kitchens	USA	8.25		Confirmed
Norris Fredricks	USA			Confirmed

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Jeremy Hicks	USA	8.01		Confirmed
Christian Melendez	Puerto Rico	7.62		Confirmed
Jeffrey Burgos	Puerto Rico	7.43		Confirmed
Marcos Amalbert	Puerto Rico	7.77		Confirmed
Lindon Aguanche	Colombia	7.85		Confirmed
Marcos Ibarguen	Colombia	7.66		Confirmed
Jossel Ramirez	Colombia	7.22		Confirmed
Eddie Florian	Dominican Republic	7.94		Confirmed
4x100				
Puerto Rico A				Confirmed
Colombia				To be confirm
Dominican Republic				Confirmed
USA				To be confirm
Netherlands Antilles				Confirmed
Puerto Rico B				Confirmed
4x400				
Puerto Rico				Confirmed
Dominican Republic				Confirmed
Colombia				Confirmed
USA				To be confirm
CAC All Stars				To be confirm
WOMEN				
100m (3 heats)				
Gloria Asumnu	USA	11.05		Confirmed
Zang Milama Ruddy	Gabon	11.1		Confirmed
Meritzer Williams	St. Kitts & nevis	11.38		Confirmed
Virgil Hodge	St. Kitts & nevis	11.21		Confirmed
Tianna Madison	USA	11.25		Confirmed
Me'lisa Barber	USA	11.02		Confirmed
Chandra Sturup	Bahamas	10.84		Confirmed
Celiangeli Morales	Puerto Rico	11.5		Confirmed
Carol Rodriguez	Puerto Rico	11.18		Confirmed
Felipa Palacios	Colombia	11.5		Confirmed
Irelis Burgos	Puerto Rico	11.77		Confirmed
Yomara Hinestroza	Colombia	11.34		Confirmed
Fanny Chalas	Dominican Republic	11.57		Confirmed
Erika Rivera	Puerto Rico	11.51		Confirmed
Beatriz Cruz	Puerto Rico	11.75		Confirmed
Jennifer Gutierrez	Puerto Rico	11.58		Confirmed
Nelsy Caicedo	Colombia	11.6		Confirmed
Kelly Lucumi	Colombia	11.7		Confirmed

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Genoiska Cancel	Puerto Rico	11.7		Confirmed
Enirahs Martina	Netherlands Antilles	11.8		Confirmed
200m (2 Heats)				
Ebony Floyd	USA	22.32		Confirmed
Me'lisa Barber	USA	22.3		Confirmed
Carol Rodriguez	Puerto Rico	22.23		Confirmed
Celiangeli Morales	Puerto Rico	23.69		Confirmed
Meritzer Williams	St. Kitts & Nevis	22.96		Confirmed
Nicole Perez	Puerto Rico	24		Confirmed
Erika Rivera	Puerto Rico	23.35		Confirmed
Moushami Robinson	USA	23.35		Confirmed
Debbie Dunn	USA	22.66		Confirmed
Mariely Sanchez	Dominican Republic	23.5		Confirmed
Jennifer Gutierrez	Puerto Rico	24.08		Confirmed
Genoiska Cancel	Puerto Rico	24.45		Confirmed
400m (2 Heats)				
Mary Wineberg	USA	50.7		Confirmed
Natasha Hasting	USA	50.89		Confirmed
Dedee Trotter	USA	50.6		Confirmed
Tiandra Ponteen	St.Kitts & Nevis	50.89		Confirmed
Norma Gonzalez	Colombia	52.37		Confirmed
Alejandra Idrovo	Colombia	53.36		Confirmed
Ginoska Cancel	Puerto Rico	56		Confirmed
Maritza Salas	Puerto Rico	56.5		Confirmed
Chirstine Amertil	Bahamas	50.5		Confirmed
Stephanie Rosado	Puerto Rico	56		Confirmed
Raiza Sanchez	Dominican Republic	54.22		Confirmed
Gretchen Jerez	Puerto Rico	56.03		Confirmed
Licyanne Gijsbertha	Netherlands Antilles	56		Confirmed
800m				
Maggie Vessey	USA	1.57.0		Confirmed
Heather Dorniken	USA	2.00.2		Confirmed
Nesha Bernard Thomas	Grenada	2.00.09		Confirmed
Marian Burnett	Guyana	1.59.47		Confirmed
Rosibel Garcia	Colombia	1.59.38		Confirmed
Melissa de Leon	Trinidad & Tobago	2.02.2		Confirmed
Shenna Gooding	Barbados	2.03.59		Confirmed
Sonny Garcia	Dominican Republic	2.09.0		Confirmed
Lizaira del Valle	Puerto Rico	2.02.0		Confirmed
Maria Mancebo	Dominican Republic	2.08.0		Confirmed
Samantha John	BVI	2.06.0		Confirmed
Eva Marie Guzman	Puerto Rico	2.11.0		Confirmed
Belissa del Valle	Puerto Rico	2.11.0		Confirmed

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100H (2 heats)				
Damu Cherry	USA	12.65		Confirmed
Andrea Bliss	Jamaica	12.8		Confirmed
Brigitte Merlano	Colombia	13.2		Confirmed
Vonette Dixon	Jamaica	12.7		Confirmed
Kelli Wells	USA	12.58		Confirmed
Tiffany Ofili	USA	12.77		Confirmed
Danielle Carruthers	USA	12.7		Confirmed
Eliecit Palacios	Colombia	13.71		Confirmed
Litsy Vazquez	Puerto Rico	14.1		Confirmed
Nicole Costas	Puerto Rico	14.1		Confirmed
Kathiaenid Rivera	Puerto Rico	14.3		Confirmed
Shantia Moss	Dominican Republic	12.89		Confirmed
Lavonne Idlette	Dominican Republic	13.2		Confirmed
400H				
Shevon Stoddart	Jamaica	54.47		Confirmed
Ebony Collins	USA	54.85		Confirmed
Shenna Tosta	USA	54.19		Confirmed
Dominique Darden	USA	54.88		Confirmed
Yolanda Osana	Dominican Republic	57.17		Confirmed
Ajoke Odumosu	Nigeria	55.03		Confirmed
Dinerva Hinestroza	Colombia	1.01.0		Confirmed
Kathiaenid Rivera	Puerto Rico	58.29		Confirmed
Elena Murillo	Colombia	1.00.0	Alternate	Confirmed
Long Jump				
Tianna Madison	USA	6.89		Confirmed
Alice Falayie	Canada	6.71		Confirmed
Ruky Abdulai	Canada	6.75		Confirmed
Tanika Liburd	St. Kitts & Nevis	6.56		Confirmed
Funmi Jimoh	USA	6.96		Confirmed
Rose Richmond	USA	6.68		Confirmed
Catherine Iburguen	Colombia	6.54		Confirmed
Adriana Severino	Dominican Republic	6.15		Confirmed
Nesli Bernardi	Puerto Rico	6.01		Confirmed
Fabiola Taylor	Dominican Republic	6.31		Confirmed
Maria Espencer	Dominican Republic	6.31		Confirmed
4x100				
Puerto Rico				Confirmed
Colombia				Confirmed
Dominican Republic				Confirmed
St. Kitts & Nevis				Confirmed
Netherlands Antilles				Confirmed

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USA				To be confirmed
CAC All Stars				To be confirmed
Pole Vault National Women				
Andrea Zambrana	Speedy Team			Confirmed
Carmen Diaz	Speedy Team			Confirmed
Vanessa Mercado	Interamericana			Confirmed
Denise Orengo	Speedy Team			Confirmed
Aline de Asis	Puerto Rico			Confirmed
Pole Vault (Pertiga) Nacional				
Yesiel Cintron	UPR Rio Piedras	4.75		Confirmed
Le'mar Felix	UPR Rio Piedras			Confirmed
Emanuel Rivera	Speedy Team			Confirmed
Jose Rivera	Speedy Team			Confirmed
Jose Colon	Speedy Team			Confirmed
Alex Castillo	Interamericana	4.65		Confirmed
Jayson Ramos	Speedy Team	4.4		Confirmed
Miguel Cabello	Interamericana	4.3	T	Confirmed
David Diaz	Turabo	4.6		Confirmed
Marcos Sanchez	Turabo	4.45		Confirmed
Ramon Echevarria	Turabo	4.2		Confirmed
Steven Marrero	Turabo	4.7		Confirmed
Jose Velez	Independiente	4.25		Confirmed
Nathaniel Semeis	Dominican Republic	4.95		Confirmed
4x100 High School Girls				
Albergue Olimpico				Confirmed
Maria Auxiliadora				Confirmed
Josefina Leon- Jayuya				Confirmed
Luis Muñoz Marin-Barranquitas				Confirmed
Natividad Rodriguez-Arroyo				Confirmed
Luis Muñoz Marin-Yauco				Confirmed
Leonides Morales-Lajas				Confirmed
Escuela de Deportes San Juan				Confirmed
4x100 High School Boys				
Jardines de Ponce				Confirmed
Penuelas				Confirmed
Luis Muñoz Marin-Barranquitas				Confirmed
Natividad Rodriguez-Arroyo				Confirmed
Lajas				Confirmed
Jayuya				Confirmed
Luis Muñoz Marin-Yauco				Confirmed
Albergue Olimpico				Confirmed

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4x400 High School Girls				
Maria Auxiliadora				Confirmed
Josefina Leon-Jayuya				Confirmed
Luis Muñoz Marin-Barranquitas				Confirmed
Albergue Olimpico				Confirmed
Leonides Morales-Lajas				Confirmed
Escuela de Deportes San Juan				Confirmed
4x400 High School Boys				
Albergue Olimpico				Confirmed
Luis Muñoz Marin-Barranquitas				Confirmed
Natividad Rodriguez-Arroyo				Confirmed
Jayuya				Confirmed
Jardines de Ponce				Confirmed
Luis Muñoz Marin-Yauco				Confirmed
Leonides Morales -Lajas				Confirmed
Josefa Velez-Peñuelas				Confirmed
Guayanilla				Confirmed